

Patients get better

Scientific studies confirm: patients who participate in the family doctor program feel better cared for overall, because their family doctor can provide them with more intensive care and coordinate their entire medical care.

According to study results, diabetics and people with heart problems in particular benefit from participation in the family doctor program. In the case of diabetics, more intensive care prevented serious complications such as amputations, blindness and strokes. In the case of heart patients, significantly fewer hospital admissions were necessary. Older patients who have to take several medications, benefit particularly from demonstrably fewer risks due to side effects or interactions.



Time for my health

Increasing administrative work is putting your family doctor under increasing time pressure. In the family doctor program, things are different. By purposefully reducing bureaucracy (e.g., through a simpler billing system), your family doctor has more time for you and your individual care.

Do you have more questions about the family doctor program?

Talk to your family doctor or contact the service team of the German Family Doctors Association:

- ☎ 02203 57 56 - 11 11
- ✉ info@mein-hausarztprogramm.de
- 🌐 www.mein-hausarztprogramm.de

„Our family doctor program ensures patients receive high-quality care from their family doctors and their teams and the best possible medical outcomes – today and in the future.“

Dr. Markus Beier,
Federal Chairman of the German Family Doctors Association
(Deutscher Hausärzterverband e. V.)

Information for patients



Yes, I want...
My family doctor program

 **DEUTSCHER
HAUSÄRZTEVERBAND**

What is the family doctor program?

Healthcare is becoming increasingly complex. In recent years, a large number of new medical specialties have been introduced. What is often forgotten here is the holistic approach, which focuses not only on individual organs or diseases, but on the entire person with his or her medical history, social environment and personal life situation. This is precisely where the family doctor program comes in:

The family doctor program, also called family doctor-centered care (FDCC), offers you medical care at the highest level.

This requires someone who always maintains an overview – this key function is held by the family doctor. As the first point of contact, they are specially trained to treat your complaints from a wide variety of areas, to assess them and, if necessary, to coordinate with specialists, hospitals or other medical professionals. Duplicate examinations or unnecessary hospital stays can thus be avoided.

Ask your family doctor now whether your health insurance company offers a family doctor program and take part. Many millions of patients are already benefiting from the advantages of the family doctor program together with their family doctors.

What are my benefits?

Participation in the family doctor program is free of charge and offers you medical care at the highest level.

- **One point of contact:** As your first point of contact, your family doctor will advise you on all health issues, discuss appropriate courses of treatment with you, arrange any necessary referrals and assist in finding appointments if needed.
- **Your health fully in view:** Your family doctor ensures consistent documentation of all findings, therapies and medications. He or she always maintains an overview – for example, to avoid drug interactions and other health risks.
- **More time:** By deliberately reducing bureaucracy, your family doctor has more time for you and your individual care.
- **Safety:** Regular training specific to family doctors keeps your family doctor up to date with the latest medical developments.
- **Extended service:** You benefit from special appointment hours and shorter waiting times.

„Of course I participate in the family doctor program. My family doctor has an overview of my health – that keeps me safe.“

Patient from Buseck

How can I participate?

You can easily apply to participate in the family doctor program at your family doctor's office:

1. Carefully read the information provided by your family doctor.
2. Sign the participation declaration – you will receive one copy, and another will remain in your family doctor's office.
3. After successful verification of your wish to participate, you will receive a welcome letter from your health insurance company stating the exact start date of your participation.

